Art Therapy Today 8/20/2019

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November 3, 2016









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**AATA NEWS** 

# The Ontario & Canadian Art Therapy Associations' 2016 **Conference: Art Therapy and Anti-Oppressive Practice**







Donna Betts, PhD, ATR-BC, AATA President

The Canadian narrative was interwoven throughout the Ontario & Canadian Art Therapy Association/ l'Association Canadienne d'Art-Thérapie combined conference in Toronto, October 14–16. It was my pleasure to attend and represent the American Art Therapy Association, as the guest of CATA-ACAT immediate Past-President, Mehdi Naimi, and incoming President, Haley Toll. This 37th annual event took place in the convenient downtown setting of the Chestnut Conference Centre, on



the University of Toronto campus. What a pleasure to visit my hometown during the beautiful fall season, alongside 250+ art therapists and students from across Canada and around the globe! READ **MORE** 



**National Office: Comings and Goings** 





AATA

Our momentum in recent years in service to the AATA mission has required that we grow and adjust to meet the needs and modern demands of today's profession. First, we have begun the process of shifting our approach to membership so we may grow the AATA to meet the needs of today's stakeholders. Our goals include a more member-centric focus to better support the unique needs of our many diverse types of members. To this end we have developed a task force of membership professionals, staff, volunteer leaders and advisors to ensure our members continue to be the main purpose and chief focus of our efforts at the AATA. READ MORE

# SAMHSA Children's Mental Health Awareness Day 2017 & Digital Art **Exhibition Call for Artwork**







AATA

National Children's Mental Health Awareness Day 2017 will be observed by over 150 national organizations and 1,100 communities across the country on May 4, 2017. The American Art Therapy Association will once again sponsor this event as a National Collaborating Organization. The Awareness Day national event will be held at 7:00 PM ET at the Jack Morton Auditorium at The George Washington University School of Media and Public Affairs in Washington, DC, and live streamed on SAMHSA's website. This live webcast will provide an opportunity for youth, young adults and families throughout the United States to have an interactive conversation with panels of family and youth leaders, behavioral health and primary care providers. READ MORE

#### **Professional Doctorate of Art Therapy**

This Mount Mary University program advances working professionals' careers through an annual, summer 12-day residency, online coursework and practitioner-generated research to transform the profession.

#### **AATA Featured Member**







AATA



Rachel Nash, LPC, ATR-BC is an art therapist and counselor in Dallas, Texas. She received her Masters of Arts in Art Therapy from the School of The Art Institute of Chicago in 2010 and has been practicing art therapy ever since. She worked at a nonprofit art therapy studio in Fort Worth called The Art Station for a number of years before starting her own private practice. Now, she primarily works with teenagers and people who are homeless. In addition to pursuing her own art career, she also has an online art gallery and represents emerging artists. "I think it's important to be a part of your profession's organization," she explains of her AATA membership, "It's easy to login online and find other art therapists in the area as well as do research if I have a new

project. I love seeing what other art therapists are up to." READ MORE

# **Hurry for this Limited Offer: Buy One – Get One!**











AATA is pleased to announce an opportunity to earn a free course! If you purchase one course from the Institute for Continuing Education in Art Therapy (ICE/AT) from November 1 through November 30, 2016 we will give you a one-credit course for free! Remember that members pay \$25 for a one-credit course and nonmembers pay \$40. So, members be sure to get the discount code before you purchase and enter it during the online payment process, and click on the "apply discount" button. READ MORE

# Reminder: Membership Survey Responses Due Nov. 7, 2016



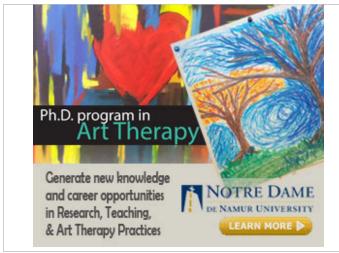




Attention members: There are only a few days left to complete the Membership Survey before Nov. 7,

**2016**. A link to the survey was sent to all members via email on Sept. 28, 2016. Every few years, the AATA conducts this important survey to gather information vital to achieving specific goals tied to the association's critical priorities. Member participation is key, as it allows the AATA to understand and advance the profession through research, to respond to communications inquiries, to accurately describe key employment information, and to track emerging trends and changes in the profession over time. If you need help accessing the survey, please contact the National Office at <a href="info@arttherapy.org">info@arttherapy.org</a>.

#### **SPONSOR SPOTLIGHT**





#### **IN THE NEWS**

## **Embracing culturally informed art therapy**







Virginia Art Therapy Association

What's your ethnicity? How do you identify? What is your cultural background? How does that impact your being here today? These are only a limited number of questions that come to mind when interviewing patients for the first time. I know for many art therapists, answers to those questions provide insight of the clinically significant distress experienced by a patient's environmental stressors. Considering how culture impacts our daily experiences is a unique lens into how I inform my own provision of art therapy services to adolescent youth and families. **READ MORE** 

#### **PRODUCT SHOWCASE**



#### **Blick Art Materials**

At Blick, you'll find the largest selection of art materials available. We carry high-quality products from the best brands in the industry. No matter the medium, Blick has the supplies you need to promote creativity through the visual arts.



#### **Windsor & Newton**

William and Henry's commitment to quality and innovation are part of a rich heritage which informs Winsor & Newton to this day. We're dedicated to the craft of the fine artist and to providing them with new ways to explore their creativity, allowing them to share their work with a worldwide community. **Read more** 

# These powerful photos were created by a rape survivor who wants to break of war image of the survivor who wants to break of the survivor who wants to be survivor who wants to b taboos







Mashable

A rape survivor has created a powerful photo series telling the story of the emotional aftermath of sexual assault. Photographer Elisa lannacone created The Spiral of Containment: Rape's Aftermath in an effort to encourage people to talk openly about sexual violence and the psychological impact on survivors. Each image tells the unique story of the subject using visual props they've chosen to recreate the thoughts and feelings "left spiraling in the survivor's mind after the assault." READ MORE

### Want to get published? Share your expertise







In an effort to enhance the overall content of Art Therapy Today, we'd like to include peer-written articles in future editions. As a member of AATA, your knowledge of the industry lends itself to unprecedented expertise. And we're hoping you'll share this expertise with your peers through well-written commentary. Because of the digital format, there's no word limit, and our group of talented editors can help with final edits. If you're interested in participating, please contact Ronnie Richard to discuss logistics.

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